



## Parent Guidelines and Practice Terminology

Dear Parents,

In order to improve the chances of your child having a positive experience in our office, we are selective in our use of words. We try to avoid words that scare the child due to previous experiences. Please support us by NOT USING negative words that are often used for dental care. These include:

### DON'T USE

Needle or Shot  
Drill  
Drill on tooth  
Pull or yank tooth  
Decay, cavity  
Examination  
Tooth cleaning  
Explorer  
Rubber dam  
Gas

### OUR EQUIVALENT

Sleepy juice  
Whistle  
Clean a tooth  
Wiggle a tooth out  
Sugar bug  
Count teeth  
Tickle teeth  
Toothpick  
Raincoat/Clear Gummy Bear  
Magic air

This will help you understand your child's description of the dental experience. Our intention is not to "FOOL" the child. It is to create an experience that is positive. We appreciate your cooperation in helping us build a good dental attitude for your child!

Parents are ALWAYS welcomed to the back office! An introduction and orientation to our Sierra Kids Dentistry team will take place on your first visit. Please use this time to, "Get to know us inside and out!" Our goal is to help each child navigate new or unfamiliar situations on their own. By supporting this guideline you are helping your child develop the self-confidence we all desire our children to have. We suggest the following guidelines to improve a positive outcome.

- 1) Allow us to prepare your child. A team member will be by their side during their adventure here!
- 2) Be supportive of the practice's terminology. It really does work!
- 3) Please be a team player when in the treatment area. We love to interact with your child!

These are very important ways that can actively help in the success of your child's visit. We are confident that all will go well and hope the guidelines will help prepare you with confidence for the upcoming appointment.

Date \_\_\_\_\_ Signature \_\_\_\_\_

Print Name \_\_\_\_\_